

UNILU NEWS & EVENTS July 8, 2020



FROM PASTOR JON

Since last week's column, Renee & I have traveled to just north of Nashville, TN to have a picnic with our daughter, and driven to Charlotte, NC to wish my mom a happy birthday and deliver home grown flowers, home made cookies and fresh peaches. These have been our only big outings since the beginning of March.

(Since both our daughter and my mom are relatively camera shy, I'm safe in sharing this picture of the peaches.)

In both instances we made plans to do this as safely as possible - - traveling with those we've been sheltering with, wearing a mask when around others and/or maintaining physically distancing, hand washing/sanitizing and primarily "air hugs". Yes, I did break down and give a "side hug" to our daughter but not to my mom.

Renee & I continue to take these protective precautions out of love and concern for our family, friends and neighbors and not out of fear or feeling "put upon".

I continue to be grateful to University Lutheran's elected leadership and the

overwhelming support of the congregation to take both our faith seriously and the science seriously. At the very least, you and I know firsthand of people getting very sick from this virus. I, and perhaps you, know "friends of family/friends" who have died, suffered amputations due to blood clots, or continue to suffer from lingering damage to their lungs, kidneys or other organs. We still have much to learn about this new (novel) virus.

I dream of the day when we can safely regather in the sanctuary to sing our hearts out! To once again be shoulder to shoulder and heart to heart around the communion rail. But till that time I appreciate you continuing to tune in to our Mon – Sat devotions (7:30 AM on Facebook Live,

https://www.facebook.com/uniluclemson/, later posted to University Lutheran's YouTube Channel,

https://www.youtube.com/channel/UCQVMnXOXzFkX65vue_fONOg, to our 9:00 AM Sunday Facebook Live worship,

https://www.facebook.com/uniluclemson/ and other ways we are trying to remain connected during this highly unusual time.

If either me or Pastor Josh can be of some assistance, please text, call, or email us & let us know how we as a congregation can help. Pastor Jon: 843-304-5664; <u>pastorjon12@gmail.com</u> Pastor Josh: 919-744-1590; <u>jkestne@g.clemson.edu</u>

God's peace, justice & love, Pastor Jon



VISITING THE SANCTUARY

These days, while we are worshiping together online, it may be nice to visit the sanctuary and use that space to connect with God in different ways. It could provide an

opportunity for individual peace and prayer for yourself (or together as a family unit).

Thank you for respecting these guidelines. They will help to ensure your safety and the safety of others.

Please:

- Wear a mask while you are inside.
- Wash your hands after you enter and before you leave.
- Put a sign on the doors to indicate that the space is occupied. Remember to remove them again when you leave. If the space is currently being used, please do not interrupt. Simply come back at a different time.
- Use the provided wipes and/or spray to sanitize any surfaces you touch or places you sit.
- Try to avoid using the restroom or going into any other areas. But if you do, take extra care in cleaning up after yourself.
- Make sure the door locks behind you when you leave.

Thank you. God bless you.

If you have any questions or comments, contact the pastors.

PARISH NEWS & UPDATES



THOUGHT FOR THE WEEK

The Lord bless you and keep you; the Lord make his face shine upon you and be gracious unto you; the Lord lift his countenance upon you and give you peace.

This blessing from Numbers 6:24-26 is one of the best-known blessings in the Bible. It is the blessing that Aaron and his son's were to use for the Israelites. It is part of the Lectionary for January 1 each year. (I think I have that right.) As we begin a new day on a beautiful Wednesday morning in God's creation, we are in the midst of time in history unlike any other I can remember in my lifetime. It is all too easy to get overwhelmed by the pandemic, the inequality in the country, the partisan politics, and the 24 hour news bombardment.

When the world is "too much with us", we have God's promise that he is with us and will give us his peace. This allows us to stop as often as we need to, step back a bit, remember that we have God to help us, ask for God's guidance, and deal with our little part of the world - one week, one day, or one hour at a time. For the next hour, I am going to concentrate on breakfast and the puzzles in the paper. Then, with God at my side, I will tackle the day and my house that needs to be cleaned.

God's peace be with you this week, Jean Mehlman



THANK YOU FOR THE "HUG" FROM SARAH HEYER!

HUG SIGNS: If you would like to share a picture or story about your "Hug Sign" in the newsletter, please send the information to Abi at <u>unilusecretary@gmail.com</u> and it will be included in the next newsletter!

OH, WONDERFUL!!

All of you have been so kind with cards, etc., and we LOVE our very special "Hug" sign!

So thankful for Facebook and Zoom to keep us up with the Church.

We love you and miss all of you! George and Martha Harris



WEEDING HELP IS NEEDED EVERYWHERE!

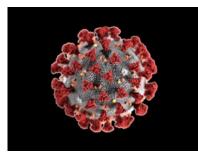
1) Areas needing special attention: Muhly Grass area, the Sloan Street embankment, the Variegated Ophiopogon or Variegated Liriope bed, and the Daffodil beds. 2) The Melampodium volunteers growing beside the sidewalk, as well as other weeds in the Fellowship Hall flower bed, can be pulled.

OTHER NOTES:

3) Because of the virus, it would be a good idea to bring your own tools, weed bucket, hand sanitizer, etc...

4) Do not weed: Violets in the Muhly Grass area and Ebony Spleenwort Fern growing beneath the Chinese Juniper on the Sloan Street embankment. Both of these plants prevent other weeds from becoming established just by taking up real estate, so let's keep them.

Thanks! Jean Askew; (Cell) 864-650-0055



IF YOU THINK YOU HAVE COVID-19

What to Do if You Feel Sick

If you have fever, cough, shortness of breath or difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, or new

loss of taste or smell, you might have COVID-19. Please call your healthcare provider. Most people have mild illness and can recover at home. Monitor yourself for worsening symptoms, and if you are getting sicker, call your healthcare provider.

When to Seek Medical Attention

If you develop emergency warning signs for COVID-19, call 911 for immediate medical attention. Emergency warning signs include*:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

*This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning.

Mobile Testing Sites

COVID-19 mobile testing sites are operating in counties across the state. As providers across the state continue to increase testing, DHEC wants to make sure South Carolinians know where they can go to get tested. The mobile testing clinic webpage provides information to help you locate where testing is happening right now, in your community. You can find a mobile testing clinic event near you at <u>www.scdhec.gov/covid19mobileclinics</u>.

All listed DHEC mobile and popup testing clinics are are part of an ongoing efforts to increase testing in underserved and rural communities across the state. Currently, there are 63 mobile testing events scheduled through July 21 with new testing events added regularly.

God's Peace, Lena Jones RN, BSN

COVID-19

Guidance for persons who have tested positive for COVID-19

If you have tested positive for COVID-19, it's important that you take precautions to protect other people's health and limit the spread of this illness.

DHEC recommends that you isolate yourself from others and do the following:

Do not have direct contact with others.

Stay home and avoid contact with others.



- Do not go to work or school during this period. Discuss your work situation with your employer before returning to work.
- Do not take public transportation, taxis, or ride-shares while practicing social distancing.
- Do not go to crowded places (such as shopping centers and movie theaters) or participate in public activities.
- Avoid contact with others in your home. Household members should stay in another room or be separated from you as much as possible. Household members should use a separate bedroom and bathroom, if available.
- Keep your distance from others (about 6 feet) and don't allow visitors.
- Avoid contact with pets and other animals. If you must care for your pet or be around animals while you are sick, wash your hands before and after you interact with pets and wear a facemask or cloth face covering.
- Wash your hands often with soap and water for at least 20 seconds or use an alcohol-based hand sanitizer that contains 60 to 95% alcohol.
- Wear a facemask, if available, when around other people. If you can't wear a facemask, others should wear a facemask, if avaliable, when they're around you.
- Avoid sharing personal and household items such as dishes, bedding, towels, and other items. Wash these items thoroughly after you use them.
- Clean 'high-touch' surfaces frequently with a household spray or wipes. These surfaces include such things as counters, doorknobs, bathroom fixtures, phones, keyboards, and lamps.
- DHEC recommends that you do these activities until your respiratory symptoms (such as cough and shortness) of breath) and other symptoms are better AND at least 10 days have passed since your illness onset AND you have been fever free without the use of fever-reducing medication for 3 days.

2. If you need to seek medical care during this time:

- Call your healthcare provider before going to their office.
- If emergency medical treatment is required for any condition, call 911. Tell the 911 operator and the emergency crew that you are in Home Isolation due to COVID-19.



Visit <u>scdhec.gov/COVID19</u> for more information or call the CARELINE at 1-855-472-3432 for general questions.

THINGS TO KEEP IN MIND AS WE NAVIGATE **COVID-19 PUBLIC HEALTH EMERGENCY TOGETHER** (Subject to Change as Circumstances Change)

 All worship services and church meetings will be conducted online until CDC/NIH give a declaration that people can gather in groups of more than 100. Sunday service livestreamed at 9 AM on Facebook https://www.facebook.com/uniluclemson/ later posted to our website www.uniluclemson.org and YouTube https://www.youtube.com/channel/UCQVMnXOXzFkX65vue fONOg.

- Council has requested that the pastors not have in-person pastoral visits, except in the case of life-threatening emergency.
- Pastors will use telecare or other methods for the duration of this public health emergency.
- Pastors can be reached via cell phone 24/7. Please DO NOT CALL THE CHURCH OFFICE. Pastor Jon: 843-304-5664; Pastor Josh: 919-744-1590.
- Church administrative assistant, Abi Donhauser will work remotely from her home office. She can be reached during normal office hours Monday - Thursday, 7 am to 12 noon & 1 pm to 2:30 pm; Friday 8 am to 12 noon at 864-722-5504 or by email; <u>unilusecretary@gmail.com</u>.
- LCM meals will be provided as boxed/to-go meals rather than usual group meals. A small number of people will help with meal preparation.
- This public health emergency may leave people feeling isolated. To combat this, Council and others in the congregation, who desire to do so, (volunteers are welcome!) will be asked to contact others regularly to check in (lists will be provided).
- Church facilities remain available to congregation members, but we suggest that this be for INDIVIDUALS ONLY AND NOT FOR GATHERINGS/MEETINGS. Please thoroughly sanitize after use.
- Clemson Community Care will continue their regular schedule of operations. Donations can be made at the church (baskets in narthex) or can be brought directly to their facility. Online monetary donations are also greatly appreciated



FROM THE STEWARDSHIP COMMITTEE

To give electronically, look for this icon on the lower right of the University Lutheran webpage at <u>http://uniluclemson.org/</u>. Click on "Give an Offering."

Or <u>CLICK HERE</u> to go directly to the giving page.

COMMUNITY MINISTRY

JOIN THE 75,000 - NOW 150,000! FACE MASK CHALLENGE!



A huge Thank You to all the mask makers!!! Our masks are traveling nationwide!!

If you are personally in need of a mask, please contact me!!!! We have plenty to share!!

Lutheran World Relief's mask challenge has increased to 150,000 masks. 107,450 are pledged. See their

website: <u>lwr.org/masks</u> to make your pledge and get instructions on how to make their masks. Ellen Reneke has offered to mail all masks we make for LWR when we are done. Ellen now has a drop off box inside the narthex door as you come in from the upstairs parking lot. Please package in bags of 25 masks. Any additional ones, place in box loose.

Any questions, contact Judy Aikens at 724-831-8104; jbaikens57@gmail.com.

OPERATION INASMUCH ALTERNATIVE When: Now Thru End of Physical Distancing Serve Eagerly!

Jesus said in essence, "Inasmuch as you serve the least of these, you serve me."

UNILU's doors will remain shut through July. However, our hearts remain open to continue to love our neighbors by:

1) Be sure to take care of yourself: get outside and enjoy the beautiful weather, take advantage of the fresh produce - strawberries can be picked locally, start your day with other Unilu members at "Jammies with Jesus" each morning, Monday - Saturday at 7:30 am on facebook (link below). We are no good to others if we are depleted.

https://www.facebook.com/uniluclemson/

2) Donate locally: Give to your community.

3) Keep sending cards! See the list of names of our "LCM Friends," "shutins," those who are ill, first responders/health care workers by clicking <u>HERE</u>. If we have left anyone off this list, please let us know and we will send out an updated list. We know these are appreciated! Send cards to those impacted by the tornado too!

4) We have many members who work in health care or are first responders. Pray for them during this time. In addition to these, any other folks working in the community (grocery stores, postal workers, etc.) where they are exposed to more people need our prayers. Those being laid off need our prayers. Those with COVID-19 need our prayers. If you have names to be added to the list, let the church know!

5) Hospitals are experiencing a blood shortage right now. If you are healthy and qualify, please donate!!!

6) Continue with all the things you have been doing – attend church online, shop for someone who is high risk, make a phone call, be creative!

Blessings to all during this unique time. Any questions, contact Judy Aikens, 724-831-8104, jbaikens57@gmail.com

UNILU CONCERNS & CELEBRATIONS

UNILU PRAYER CONCERNS

PRAYER CONCERNS for University Lutheran Members, Family and Friends: Gail Paul; Pat Wagner; Rosalyn Flanigan; George Harris; Tony Quesada; Gene Copenhaver; Randy Gilchrist; Larry Bock; Joyce Lillehamer; Judy Morrison's nephew, Christopher Stott; Kristeen Balcombe's brother, Stephen Slice.

UNILU CELEBRATIONS

Celebrating Birthdays this Week: Penny Booher; Richard Blob; Reed Severance; Ethan Severance; Tammy McGinney; Mart Stewart; Anita Edge.

PARISH INFORMATION

Click <u>HERE</u> for UniLu Calendar Click <u>HERE</u> for Prayer Fellowship List

LINKS

SC LUTHERAN MAGAZINE

UNILU WEBSITE • **LECTIONARY/READINGS**

LUTHERAN CAMPUS MINISTRY • SC SYNOD

ELCA GOOD GIFTS

Miss a service? The recorded church sermons, audio and video, are posted weekly to the website: <u>www.uniluclemson.org</u> and to the University Lutheran Facebook page: <u>https://www.facebook.com/uniluclemson/</u>

> Church Office Hours Monday–Thursday 7 AM–12 PM; 1 PM–2:30 PM Fridays 8 AM - 12 PM

University Lutheran Church Mission Statement

University Lutheran is a family of faith, called by the Holy Spirit to be one ministry serving both our community and university. The Spirit calls us to make known, by word and deed, the story of God's love in Jesus. Our worship together empowers us to grow as disciples as we receive, celebrate, and share God's gifts with all of God's creation and created ones.